# Coronavirus COVID-19

**BC Centre for Disease Control | BC Ministry of Health**

BRITISH COLUMBIA Ministry of Health

## Coronavirus Prevention

✓ Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer.

✗ Avoid touching your eyes, nose, and mouth with unwashed hands.

✓ Cover your cough or sneeze with a tissue, then throw the tissue in the trash.

✗ Avoid close contact with people who are sick.

✓ Clean and disinfect frequently touched objects and surfaces.

✓ Stay home when you are sick.

!! **WEARING A MASK IS NOT AN EFFECTIVE MEASURE TO KEEP YOURSELF SAFE FROM VIRAL INFECTION.**

**Masks don't work**

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**If you have fever, a new cough, or are having difficulty breathing, call 8-1-1.**